

FOR YOUR INFORMATION DEEP PEELING

Deep peels are designed to remove epidermal layers of the skin. These peels will help reduce active acne lesions and scarring, decrease fine lines, and wrinkles, lighten hyperpigmented areas (dark patches) and improve the overall health and appearance of sun-damaged, aging, and acne skins.

Acids commonly used in these peels include Alpha Hydroxy Acids (AHA's), Beta Hydroxy Acids (BHA's), Flower Acids, Red Wine Extract, TCA's, and Retinols.

A patch test may be performed on the back of the neck at least 24-hours prior to the treatment. This helps reduce the risk of allergic reactions during the procedure.

It is recommended to allow yourself some downtime for this level of peeling. Typically skins experience 2-3 days of feeling sensitivities, inflammation and overall looking fairly grungy. We recommend avoiding makeup (foundation), unless it is RA IllumiColour Mineral Finishers, for the first 5-7 days to allow your skin to start the peeling process and reduce any increased risk of irritation or sensitivities.

Post Care is required for 7-10 days to ensure proper healing, reduce inflammation, sensitivities and strengthen the new skin cells. The outcome of the peel depends solely on you! Do NOT pick or pull at peeling skin. Avoid direct sun exposure for the first few weeks following this peel.

Post Care includes the following products:

- RA Non-Active/Post Care Cleanser - Creamy Milk, Citrus Gel or Foaming Peptide Cleanser
- RA Growth Factor - Regenerating Cream, Growth Factor Gel, Growth Factor Serum or Growth Factor Serum Plus
- RA Post Care Healing/Hydrator - Drop of Essence, Infuse 7, Therapy E Serum, or Hyaluronic Serum
- RA Calming Skin Gel
- RA Occlusive Balm - Post Balm or Pro Salve

Things to Expect After a Deep Peel:

- Skin may have a white, frosted appearance and may feel smooth, tight and sensitive immediately following treatment.

- Skin may experience color changes from very red, to red, to pink, to tan/darker areas until peeling occurs
- Skin may be tender to touch or more sensitive for the first 3-4 days
- Skin will begin peeling 3-4 days after the procedure and may continue for the next 7-10 days

*****Please review our Before a Peel Reminders for additional information on products and procedures to discontinue before your peel*****